

**AspirationsWS.com**  
**ACTION PLAN WORKSHEET**

DEADLINE \_\_\_\_\_

REWARDS: Small \_\_\_\_\_ Big \_\_\_\_\_ Huge \_\_\_\_\_

ULTIMATE GOAL \_\_\_\_\_ / /

STEPS \_\_\_\_\_

STEPS \_\_\_\_\_

GIVE YOURSELF A REWARD FOR GETTING THIS CLOSE TO YOUR GOAL!

SOLUTION: \_\_\_\_\_ OVERCAME: \_\_\_\_\_

ROADBLOCK #3: \_\_\_\_\_

STEPS \_\_\_\_\_

STEPS \_\_\_\_\_

GIVE YOURSELF A REWARD FOR GETTING THIS CLOSE TO YOUR GOAL!

STEPS \_\_\_\_\_

STEPS \_\_\_\_\_

STEPS \_\_\_\_\_

SOLUTION: \_\_\_\_\_ OVERCAME: \_\_\_\_\_

ROADBLOCK #3: \_\_\_\_\_

GIVE YOURSELF A REWARD FOR GETTING THIS CLOSE TO YOUR GOAL!

STEPS \_\_\_\_\_

STEPS \_\_\_\_\_

GIVE YOURSELF A REWARD FOR GETTING THIS CLOSE TO YOUR GOAL!

STEPS \_\_\_\_\_

SOLUTION: \_\_\_\_\_ OVERCAME: \_\_\_\_\_

ROADBLOCK #3: \_\_\_\_\_

STEPS \_\_\_\_\_

STEPS \_\_\_\_\_

GIVE YOURSELF A REWARD FOR GETTING THIS CLOSE TO YOUR GOAL!

FIRST STEP \_\_\_\_\_

*(Start here and work up page from the bottom)*

