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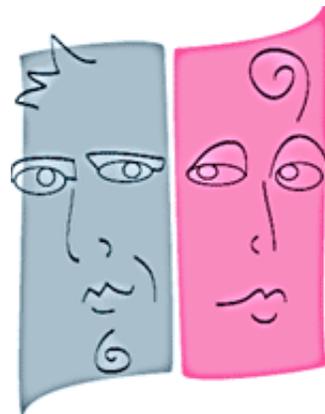
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## Body Language and Flirting

Quick Jump: [General Signs of Flirting](#) | [Male Flirting](#) | [Female Flirting](#)

Only 7% of communication is verbal communication. ([see note](#))



38% of it depends on our intonation, or the sound of our voice. For instance: A shaky, uneven voice may suggest that a person is shy, intimidated, or dishonest. A clear, loud voice may indicate that a person is confident.

The largest chunk of communication is **body language**, which takes up the remaining 55%. These statistics show that a person who knows how to control their body and voice is considered more appealing than someone who knows only a mouthful of pick-up lines and crowd pleasers.

The impression we make on others starts not when we first open our mouth, but with our posture, [breathing](#), appearance, and movement.

## The Art and Science of Flirting and Body Language

The art of [flirting](#) is expressed with actions. And non-verbal communication is more important than words. Although flirting signals are rarely noticed consciously -- the message is always sent across.

**Flirting Quickies**

(for our lazy readers)

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### Male Flirting Signals:

- hands on belt or [belt buckle](#)
- preening / grooming
- stretching (and other actions that make him seem bigger)

### Female Flirting Signals:

- actions that make her appear smaller
- playing with hair
- exposure of neck or inner wrists

### General Flirting Signals:

- eye contact
- mirroring
- triangulation
- "accidental" touching

This artful dance makes possible for strangers to become comfortable with each other, even at their first exchange of words. People become at ease with others when they find the other person pleasant. People appear pleasant as a result of showing interest in others...

## Eye Contact and Triangulation

Our actions (body language) reflects our interest in various ways. In general, these actions manifest by instinct when we are facing people that we admire. For example, in intimate conversation, people usually look at each other's eyes.

Sometimes we shift our vision from one eye to the other, and to the bridge of the nose. This is what is called the triangular formation of vision. As a person becomes more interested in another, this triangular formation extends downward. Some say that it's rude to look at a stranger's body, but when you really think about it, people really can't help it when they feel attracted.

When people are talking to mere acquaintances, they simply look at their eyes, but when people are interested in someone, they tend to notice a lot more than just the eyes and the nose. Also... looking at the someone's mouth can suggest interest in kissing.

## Mirroring

We can make others feel comfortable by mirroring or matching their mood. When two people enjoy similar things, they tend to move in sync with each other. This does not mean that every single move they make is exactly the same, but rather that their moods are the same.

### **Top 10 Mistakes Men Make**

10 Worst Mistakes With Women Nobody Knows About - But Should  
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When a [person finds](#) something in common with another, an instinctive fondness develops between them. This same effect is replicated by mirroring. In mirroring, you need to tune in to the other person's movements and imitate them, not mimic them. Also, these actions should not be done in the same pace as his/hers, otherwise, the person might take it instead as mockery. Generally, the mirror actions should be done after 10-20 seconds, and must be done naturally. The other purpose of the mirror actions is to show the other person that you accept and respect their views without them noticing it. In effect, he/she will subconsciously see you as an open-minded person.

## **Other Flirting Signals**

When people are interested in the person they're talking to, they tend to face the person more. This is also noticeable in a person's arms and legs. When a person's attention is completely focused on another, their legs, knees, or feet are always extended in the direction of the other person. Another common signal are the pupils of our eyes. When people like what they see, their pupils increase in size, and tend to blink more. Eyes can blink in sync when looking into the eyes of the person they like.

## **Male Body Language and Flirting**

Aside from general body language, there are also signs specific to males and to females when they show their interest in a potential mate. When a man notices a woman he finds attractive, he may suck in his gut, flex his muscles, and other postures that cause him to appear taller and stronger.

A man shows his readiness to get involved by putting his hands on his hips, or putting his thumbs behind his belt. Most men do this to appear macho and posed, but a commonly unknown fact is that this action also highlights the genital region sending the message:  
"I'm virile."

Men do other things like smoothing their hair, and fixing ties, to make them

look their best. Men do these while women are watching to show their interest.

Read more about [Male Body Language](#)

## Female Body Language and Flirting

The actions of women, on the other hand, are more subtle but very sexy in the eyes of men. A woman can make a man desire her more by exposing the skin of her neck.

When a woman tosses her hair from one side to the other, the gesture appears more intentional, and is often followed by a well directed intimate gaze.

The same thing goes when a woman exposes the thin skin on her wrist. Both actions appeal to men saying, "I want to show you more." Women can very well play with men's minds by doing little things like wiping off their sweat, and fondling with their hair, fingers, and feet.

The most appealing sign a woman can give is to sit with one leg pressed on top of the other. This gesture makes the legs appear very well toned. A hand on the thigh completes the position and is definitely considered a call for the attention.

Whenever people show their interest, an exchange takes place. When a mutual confirmation is established, one of them then makes the first move to approach. Body language makes up a very big part in the first moments of courtship, and may determine if people become more intimate.

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### **Last 10 comments**

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By: **yes, broad** - September 04th 2008

I'm not deaf, but my gaze tends to shift toward lip-reading much of the time. And the advise seems to be about flirting with strangers--I behave differently around people I've known for a while.

By: **A bit broad, no?** - September 01st 2008

For example, I'm pretty deaf, so I have to read lips. Does that mean I want to [kiss](#) everyone I meet? Hardly.

By: **Joan** - September 01st 2008

Hahaha, cherry scented flatulence...  
but anyway. I love this site. I recently discovered it.

By: **Jules** - August 31st 2008

this was very general

By: **dff** - August 25th 2008

does this defintley work ?

By: **fredadmirer** - August 25th 2008

Fr ed, when where can we meet darlingboy...

By: **Cloy** - August 23rd 2008

I love flirting =)

By: **Fred of Islington** - August 20th 2008

I [flirt](#) by cooing like a bird then running about in circles flapping my arms and letting out short but very loud stacato bursts of cherry scented flatulence . (last bit requires special knickers).

By: **sum1** - August 19th 2008

i mean interesting lol

By: **sum1** - August 19th 2008

...intere sting

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